

Diet Soup

Ingredients:

- 2 pounds ground chuck
- 1 large can tomato juice (46 oz.)
- 1 can stewed tomatoes
- 1 can minced clams (drained)
- 1 can yellow string beans
- 1 can green string beans
- 1 cup diced carrots
- 1 cup celery diced
- 1 Tbs. Worchester sauce
- 1 Tbs. garlic powder
- 3 Tbs. chopped onion
- 1 tsp. basil
- 1 bay leaf
- 2 tsp. oregano
- ½ head cabbage chopped
- Salt and pepper to taste



Instructions:

1. Brown meat and drain
2. Combine all ingredients and simmer for 2 hours